



स्थानीय सरकार
खाँडादेवी गाउँपालिका
गाउँ कार्यपालिकाको कार्यालय

माकादुम, रामेछाप

बागमती प्रदेश, नेपाल

दररेट पेस गर्ने सम्बन्धी सूचना

प्रथम पटक सूचना प्रकाशित मिति: २०८३।०२।२२

प्रस्तुत विषयमा यस खाँडादेवी गाउँपालिका, गाउँ कार्यपालिकाको कार्यालयलाई आर्थिक वर्ष २०८२।०८३ को लागि “सोलिथन धारा घेरा बार तथा ब्यम शाला निर्माण ” शिर्षकका लागि खुला व्यायमशाला सँग सम्बन्धित सामाग्री खरिद कार्य गर्नका लागि यसैसाथ संलग्न विवरण तथा स्पेसिफिकेशन बमोजिमको मालसामान आवश्यक परेकाले लागत अनुमान तयार गर्ने प्रयोजनार्थ प्रति एकाई बजार दररेट सूचना प्रकाशन भएको मितिले ७(सात) दिन भित्र यस कार्यालयमा वा कार्यालयको ईमेल:- khandadevimun@gmail.com मा उल्लेखित कागजात सहित उपलब्ध गराउनुहुन जानकारी गराइन्छ ।

संलग्न गर्नुपर्ने कागजातहरू:

- व्यवसाय दर्ता प्रमाणपत्र ।
- स्थायी लेखा नं (PAN) दर्ता प्रमाणपत्र ।
- आर्थिक वर्ष २०८१/०८२ को करचुक्ताको प्रमाणपत्र ।

(प्रमुख प्रशासकीय अधिकृत)

जननी जन्मभूमिश्च स्वर्गादपि गरीयसी

खाँडादेवी गाउँपालिका
गाउँ कार्यपालिकाको कार्यालय

माकादुम, रामेछाप
बागमती प्रदेश, नेपाल




Specification

कार्यक्रमको नाम:

सोलिथन धारा घेरा बार तथा ब्यम शाला निर्माण

आ.व.

२०८२/०८३

S.N.	Particulars	Specification	Unit	Rate Per Unit	Sample Photo	Remarks
1	Chest Press	<p>1. Dimensions: Typically 180 cm to 200 cm (Length) × 70 cm to 80 cm (Width) × 200 cm to 220 cm (Height).</p> <p>2. Weight Capacity: Up to 100 kg to 120 kg per seat. Main</p> <p>3. Material: Heavy-gauge Galvanized Iron (GI) or Mild Steel (MS) pipes with a diameter of roughly 114 mm and a wall thickness between 2.5 mm to 4 mm. Finish: Weatherproof, UV-resistant powder coating or epoxy coating (often at least 100 microns thick) to prevent rusting.</p> <p>4. Hardware: Anti-vandal, tamper-proof fasteners and self-lubricating bearings for maintenance-free outdoor operation</p>	Set			
2	Sky Walker	<p>1. Max Loading Capacity (Kg): 120 kg</p> <p>2. Surface Finish: Powder Coated</p> <p>3. Weight: 30</p> <p>4. Equipment Type: Cross Trainer</p> <p>5. Material: Heavy-gauge Galvanized Iron (GI) or Mild Steel (MS) pipes with a diameter of roughly 114 mm</p> <p>6. Finish: Weatherproof, UV-resistant powder coating or epoxy coating (often at least 100 microns thick) to prevent rusting.</p>	ream			
3	Horse Riding	<p>1. Primary Muscles Engaged: Legs, thighs, hips, glutes, chest, and deep core stabilizers.</p> <p>2. Material: Heavy-duty galvanized steel to prevent rust and corrosion.</p> <p>3. Coating: Weather-resistant epoxy and powder coating (at least 100 microns) for outdoor resilience.</p> <p>4. Dimensions: Roughly 4–4.5 feet high, with a footprint of about L 4 × W 2 feet.</p> <p>5. Maximum Weight Capacity: Up to 150 kg.</p> <p>6. Safety Standards: Manufactured to international outdoor fitness standards such as EN 16630. Bearing System: Often uses self-lubricating or smooth-bearing mechanisms for maintenance-free operation.</p>	pcs.			
4	Exercise Cycle	<p>1. Footprint: 100x500x1200 mm</p> <p>2. Materials: Heavy-duty Galvanized Iron (GI) or Mild Steel (3mm wall thickness); UV-resistant powder coating.</p> <p>3. Resistance: Fixed magnetic or internal flywheel (non-adjustable to prevent vandalism).</p> <p>4. Drive: Fully enclosed, weather-sealed chain or belt drive.</p> <p>5. Components: Fixed-height steel/polyurethane seat; anti-slip pedals with heavy-duty bearings; tamper-proof stainless steel fasteners.</p> <p>6. Capacity: Supports up to 150 kg.</p> <p>7. Certification: EN 16630 (European standard for permanently installed outdoor fitness equipment).</p>	pcs.		